The Many Faces of Research:  
Education day for continence professionals

St Vincent’s Hospital Fitzroy

Saturday February 27 2016
The Victorian Continence Resource Centre (VCRC) is a not-for-profit organisation that provides education, resources and support for consumers and health professionals regarding bladder and bowel issues. VCRC is a division of the Continence Foundation of Australia Victoria Branch, the peak body for bladder and bowel health in Victoria. VCRC values and recognises the importance of the most up-to-date research relating to continence promotion, incontinence prevention, management and treatment of bladder and bowel issues.

VCRC in partnership with Continence Nurses Society Australia (CoNSA) Vic/Tas and the CFA Physiotherapy Group (Vic Branch) will proudly host an inaugural research education day for health professionals working in continence assessment and management in 2016. The education day will provide an opportunity for health professionals to share their experiences about conducting clinical, quality and research projects to improve continence care/outcomes. The education day is aimed at professionals with an interest in continence management particularly those in the nursing and physiotherapy disciplines. The principle sponsor of this event is the Commonwealth and Victorian Government under the HACC program.

This is a fantastic opportunity for any health professional interested in undertaking research to improve continence outcomes!

A portion of proceeds will go towards the Michael Murray Award 2016 for excellence in continence practice.

Please direct all enquiries to: info@continencevictoria.org.au | P: 03 9816 8266 | F: 03 9853 9727
www.continencevictoria.org.au

Kind Regards,

Barry Thomson
President
Continence Foundation of Australia Victoria Branch

Organising Committee
Lisa Wragg Executive Officer, Victorian Continence Resource Centre
Aimee Simmens Health Promotion Officer, Victorian Continence Resource Centre
Jenny Rivett Project Officer, Victorian Continence Resource Centre
Dr Joan Ostaszkiewicz Postdoctoral Research Fellow
Janie Thompson CoNSA VIC/TAS Committee/Continence Nurse Consultant
Cheryl Ludwik Continence and Pelvic Floor Physiotherapist/ CFA Physiotherapy Group (Vic Branch) President
Lauren Clark Continence and Pelvic Floor Physiotherapist/ CFA Physiotherapy Group (Vic Branch) Committee
Invited Speakers

Dr Joan Ostaszkiewicz
Joan Ostaszkiewicz is a Registered Nurse with a clinical and academic background in the management of incontinence in frail older adults. She holds the position of Postdoctoral Research Fellow in the Centre for Quality and Patient Safety Research at Deakin University. Joan’s research focuses on evidence-based nursing strategies to enhance continence care for frail older people, particularly those with dementia and dependent on a carer. She is widely published and her research includes Cochrane systematic reviews, guidelines, continence assessment and management tools, and more recently, a model of care for residential aged care. She recently completed her PhD which resulted in a Grounded theory about providing continence care in residential aged care facilities.

Prof Terry Haines
Prof Terry Haines is the Director of the Allied Health Research Unit at Monash Health and Monash University. He has published over 190 peer reviewed manuscripts and attracted over $18 million in research funding. He is a physiotherapist and health economist by background, and has a great interest in research methodologies used in clinical research settings. He has developed a novel randomised controlled trial approach based on a disinvestment paradigm, and has developed a new statistical analysis technique for evaluating the predictive accuracy of screening tools when the outcome of interest is a recurrent event. He is supported by a Career Development Fellowship from the National Health and Medical Research Council.

Dr Helena Frawley
Dr Helena Frawley is a pelvic floor physiotherapist and researcher. Helena is an Associate Professor in Physiotherapy at La Trobe University Melbourne, the Head of Allied Health Research at Cabrini Health, and an NHMRC Health Professional Research Fellow. Helena completed her PhD at The University of Melbourne in 2008, and gained Fellowship of the Australian College of Physiotherapists in 2011, as a Clinical Specialist Continence and Women’s Health Physiotherapist. Helena’s research is focused on pelvic floor muscle measurement and conservative therapies to treat pelvic floor dysfunction: pelvic organ prolapse, pelvic pain, incontinence and pelvic floor problems following pelvic surgery, including for pelvic cancer. Her other research interests are adherence to exercise, and translational research, including implementation of clinical practice guidelines. Helena is active internationally in this area of work, as immediate past Chairperson of the International Continence Society (ICS) Physiotherapy Committee, and is a member of several other international pelvic floor working groups and committees.

Prof Colleen Doyle
Colleen Doyle is a research psychologist. She has published over 100 academic and industry papers on aspects of aged care and health service evaluation, and attracted over $3 million in research funding in over 25 grants. Her current research includes telehealth and e-health interventions to support older people with chronic illness and their carers, development of guidelines for residential and community aged care, and evaluation of dementia services. She has worked in research positions in Australia, USA and UK.
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<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker/Details</th>
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<tbody>
<tr>
<td>8.00am</td>
<td>Registration</td>
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<tr>
<td>9.00am</td>
<td>Welcome from the Department of Health and Human Services</td>
<td>To be confirmed</td>
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<tr>
<td>9.15am</td>
<td>The contribution of qualitative and quantitative research to evidence-based continence care</td>
<td>Dr Joan Ostaszkiewicz</td>
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<tr>
<td>10.00am</td>
<td>Workshop on research development. Part 1</td>
<td>Prof Terry Haines</td>
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<td>10.45am</td>
<td>Morning Tea</td>
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<tr>
<td>11.15am</td>
<td>Workshop on research development. Part 2</td>
<td>Prof Terry Haines</td>
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<tr>
<td>12.00pm</td>
<td>Implementation of research into practice: tips, tricks and a case study</td>
<td>Dr Helena Frawley</td>
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<td>12.45pm</td>
<td>Lunch</td>
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<tr>
<td>1.45pm</td>
<td>Research funding and the application process</td>
<td>Prof Colleen Doyle</td>
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<tr>
<td>2.30pm</td>
<td>My research journey</td>
<td>Guest speakers from nursing/physiotherapy disciplines</td>
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<tr>
<td>3.15pm</td>
<td>Afternoon Tea</td>
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<tr>
<td>3.45pm</td>
<td>My research journey</td>
<td>Guest speakers from nursing/physiotherapy disciplines</td>
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<tr>
<td>4.30pm</td>
<td>Research scholarships including the Michael Murray Award 2016</td>
<td>To be confirmed</td>
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<td>4.45pm</td>
<td>Close</td>
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**General Information**

**Date:** Saturday February 27 2016

**Time:** 9.00am till 4.45pm (registrations from 8.00am)

**Venue:** Michael Chamberlain Lecture Theatre
Ground Floor, Aikenhead Wing, St Vincent’s Hospital
Corner Nicholson Street & Victoria Parade, Fitzroy, Victoria 3065

**Parking:** Underground car park located beneath Inpatient Services Building
Multi-storey car park located behind St Vincent’s & Mercy Private Hospital
Access both car parks via Fitzroy Street

**Public Transport:**
Tram numbers: 11, 24, 30, 42, 86, 96, 109, 112
Train: nearest station is Parliament (10 minute walk)
Bus numbers: 340, 350, 402 684
Registration

Cost to attend: $80 incl. GST

To register please click on the register now button or http://www.trybooking.com/JRMB

Early bird offer!

Register before January 27 2016 and go into the draw to win a free registration to attend the Continence Foundation of Australia Victoria Branch State Conference in May 2016. The winner will receive one night’s accommodation, dinner and breakfast at the RACV Country Club Healesville.

Cancellations, refunds & disclaimer

Cancellations received before February 5 2016 will attract an administration fee of $25. After that date there will be no refunds. Registrations can however, be transferred within an organisation if the Victorian Continence Resource Centre is advised in writing.

The information contained in this brochure is correct at the time of going to print. The organising committee reserve the right to change without notice any part of the program and the speakers.

Insurance

Registrants and exhibitors are strongly advised to arrange health and travel insurance. The committee and organisers will not accept any liability for loss or injury.

For any questions or queries please contact the Victorian Continence Resource Centre:

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